

MEDWAY COUNCIL

WORK PROGRAMME – ADULT PARTICIPATION IN SPORT

DEPARTMENT: Regeneration, Community & Culture - SPORTS DEVELOPMENT
TEAM

WORK AREA	OBJECTIVES	TARGETS
Squash	<ul style="list-style-type: none"> To grow the sport and to maximise the usage of Medways courts. To make squash accessible to women through Squashacise – tasters etc. To develop new recreational leagues/ladders – all to be developed/piloted at Medway Park with the possibility of a ‘virtual league’. To work with Black Lion Squash Club for those players wanting coaching/competition. 	Initially 40 women / 20 men Total – 60
Badminton	<ul style="list-style-type: none"> Accessible badminton for all. To introduce Badminton into community settings – Youth club and community centres as venues – women/people not in employment/50+. Sign post to Leisure Centre sessions/Club Advertise Community store. 	Initially 40 over 2 sites
Exercise classes	<ul style="list-style-type: none"> Exercise in non-leisure settings Women’s groups, churches, community centres (work with Pete on Green Gym) To make exercise classes/gyms more accessible and give people confidence – signpost to more Leisure Centres. ETM qualifications / Volunteering 	Initially 30 over 2 groups
Basketball	<ul style="list-style-type: none"> Outreach on outdoor courts. Sign posting to indoor facilities/clubs Recreational league or monthly tournament to be held at Black Lion. Referee courses for volunteers/students in order to staff leagues/tournaments. 	20 Initially 50 (6 teams)
Indoor cricket	<ul style="list-style-type: none"> Indoor cricket league (Winter) Winter coaching 	60 (8 teams)
Club Grants	<ul style="list-style-type: none"> To provide support to all those club mark clubs who received the adult participation grant. 	1000

Appendix A

Community Biathlon	<ul style="list-style-type: none"> Held at the new Medway Park – same structure as previous. 	25
50+ games Short Tennis Table Tennis Badminton Short mat bowls	<ul style="list-style-type: none"> Different events throughout the year to combine all the 50+ clubs 	150
999 games	<ul style="list-style-type: none"> Events for the emergency services, hospitals and armed forces to take part in. A one-day festival of different sporting events. 	100
Medway Park 'FOCUS' sports 'Road show' Athletics Swimming Judo Badminton Gymnastics Squash Basketball Pentathlon events?	<ul style="list-style-type: none"> A month long focus for each sport in which the club will provide free taster sessions, tournaments and outreach away from Medway Park. A chance to try a variety of different sports for free. Activities to be delivered by the different clubs. 	40/sport 4 converted to club members/sport
A series of events which will run throughout the year: Football Badminton Table Tennis Netball Squash Hockey Superstars Alternative Sports day	<ul style="list-style-type: none"> To run a series of tournament events in which businesses from around Medway will compete against each other. For each event as far as possible to be relevant to the time of the year. All to be mixed events (apart from Football and Netball) Not to run during the working day as far as possible – start times to be decided by the businesses. 	250
Multi Sport Club	<ul style="list-style-type: none"> To develop a club/group (non membership) where people with all disabilities can participate in sport. To find funding to help progress the project/equipment. For the club to provide for itself after initial year. For specific disability sport clubs to form from this group identified by its members. 	??? 1 new club

Appendix A

Club development	<ul style="list-style-type: none"> • For club mark clubs to provide sessions for disabled athletes • Support to find/provide training for the club coaches 	20
University use	<ul style="list-style-type: none"> • To assist in the programming of the universities activities at Medway Park. • Arrange regular student leagues/tournaments at Medway Park to maximise usage. • Promote student and staff rates for membership/gym use. 	
Medway Park 'FOCUS' sports day/weekend/festival Athletics Swimming Judo Badminton Gymnastics Squash Basketball Pentathlon events?	<ul style="list-style-type: none"> • An open weekend where all the 'Focus' sports can be tried in one place. • Participants could collect points at each activity, the more activities you participate in the better the prize! 	50 Adults
Squash	<ul style="list-style-type: none"> • Further develop uses for the courts during down time. • To develop new recreational leagues/ladders – all to be developed/piloted at Medway Park. 	30
Badminton	<ul style="list-style-type: none"> • Develop/find a team to play at Medway Park • Medway as an option to play major matches etc in return for community coaching 	20
Basketball	<ul style="list-style-type: none"> • Pay and Play sessions • Recreational league or monthly tournament to be held at Medway Park. 	20
Indoor tennis	<ul style="list-style-type: none"> • To develop a tennis league during the winter. • No other indoor facilities. 	
Judo	<ul style="list-style-type: none"> • Ways in which to use the judo centre during down time 	
Futsal	<ul style="list-style-type: none"> • Futsal leagues • Using alternative spaces to develop the sport 	
Volleyball (all types)	<ul style="list-style-type: none"> • Introduction to volleyball 	
Handball	<ul style="list-style-type: none"> • 	
Fencing	<ul style="list-style-type: none"> • Promote as part of the Pentathlon 	

Appendix A

Shooting	<ul style="list-style-type: none">• Promote as part of the Pentathlon	
Indoor athletics	<ul style="list-style-type: none">•	
Swimming (water activities)	<ul style="list-style-type: none">•	

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